



USAID
FROM THE AMERICAN PEOPLE

 Maternal and Child
Survival Program

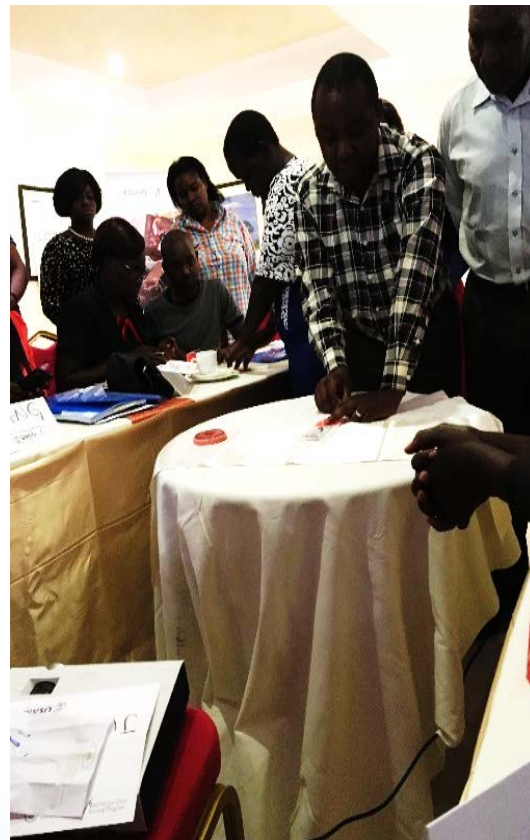
LARC Learning Resource Package

OVERVIEW OF METHODOLOGY AND CONTENT



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Evidence from an Integrated review of literature on “Effective In service training techniques”

- Didactic = “low to no” outcomes
- Simulation is effective
- Practice and feedback: ‘dosage’ matters
- Shorter, but more often
- Workplace-like setting is better for skill development





LARC LRP Modules

Module 1:
Introduction to LARC

Module 2:
FP Counseling

Module 3:
Medical Eligibility
and Client
Assessment

Module 4:
Quality of Care

Module 5:
Infection Prevention
for LARC Methods

Module 6:
Copper
Intrauterine Device
(Cu-T 380-A)

Module 7:
Hormonal
Intrauterine Device
(LNG-IUS)

Module 8:
Postpartum
Intrauterine Device

Module 9:
Postabortion
Intrauterine Device

Module 10:
Contraceptive
Implants

Based on these key resources:
Family Planning Training Resource Package, Global Family Planning
Handbook and K4Health



Overview of Approach to LARC LRP

Modular

- Practice heavy, modular approach, need based
- 70% skill practice and 30%theory

OJT

- Deliver on-the-job, in a more realistic environment. Does not disrupt routine services.

Facility-based

- Bring in participants from other places. Some do exercises in small groups while others practice with clients

OJC

- Post training coaching, assessment and mentorship



Contents of the modules

- Detailed session plan for facilitators & [learners](#)
- Handouts
- Job aids
- Facilitator tools
- Link for videos
- Checklists - counselling & clinical skills
- Activities
- Roleplay scenarios
- Pre & posttests
- Sample training schedule for facility based trainings

Phases of Implementation

Before

- Orient Program staff & MOH to approach & LRP
- Develop team of clinical mentors
- Finalize data collection tools for monitoring LARC service
- Conduct a facility needs assessment

During

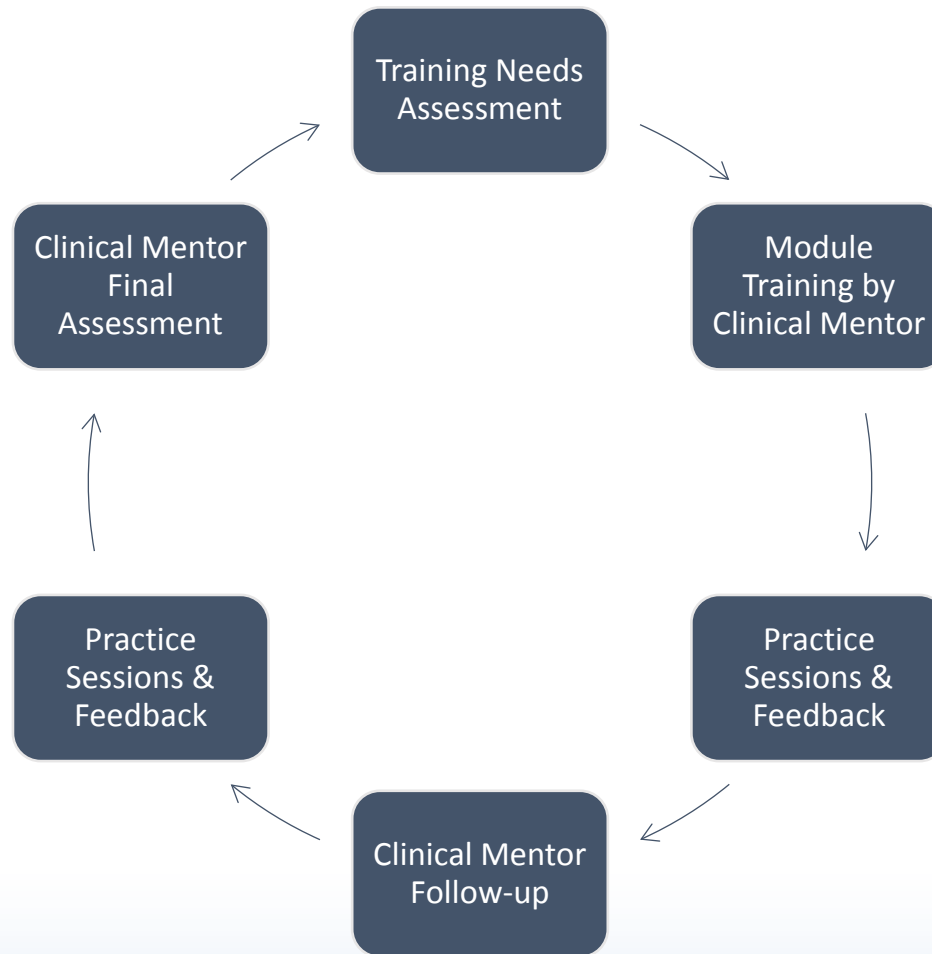
- Conduct facility based training of service providers.
- Follow up & Mentoring trained service providers
- Identify Peer Practice Coordinator

After

- Maintaining Quality LARC services

Service providers follow standard guidelines, document services, display of dashboard indicators, follow up & use data for action& improving quality of services, Involve new mentors in OJT & coaching

Overview of the process





For more information, please visit
www.mcspprogram.org

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