

How to Use the Postabortion Care Global Resources Guide



WHEN PLANNING TO ESTABLISH OR SCALE-UP PAC SERVICES

1. Data Gathering

Gather data to make population projections and family planning method, and source mix. Collect information on postabortion care, maternal health and various costing elements to determine the magnitude of the health problem and project the costs needed to address the problem. Also gather information regarding the contraceptive prevalence, total fertility rate, and abortion rates in your country.

2. Review Research

Review the *Summary List of Evidence* in “What Works: A Policy and Program Guide to the Evidence on Postabortion Care.” This will provide a quick listing of summary statements of research findings for each component of the USAID PAC model as well as policy, program, and systems issues in postabortion care. The summary statements are listed with page numbers to enable the reader to easily find the research that supports each statement. The summary statements have been evaluated against the Gray Level of Evidence by the authors based on the research reviewed for each statement. The level of evidence has been determined as:

- Strong Evidence
- Enough Evidence for Action
- Enough Evidence, Needs More Research
- Needs More Research

This will provide **evidence-based** information for recommendations and interventions to be used as appropriate for your country’s situation.

3. Evaluate Policies, Service Delivery Guidelines, Training Curricula, and Client-Provider Communication Materials As Needed

The PAC Global Resources Guide has **Assessment Tools** to evaluate national policies, service delivery guidelines, training curricula, and client-provider communication materials. You may choose to work on only one area or a number of areas. The following instructions will apply to any of the areas that you choose to work on.

- a. Review the section with recommendations/considerations.
- b. Review your current documents and see if they include the items that are checked in the criteria box pertinent to the area that you are working on (Policy, Service Delivery, Training, or Client-Provider Communication).

- c. Use the **Assessment Tools** to evaluate the strengths and identify gaps in your document(s).
- d. Conduct a seminar for decision-makers to introduce or update their knowledge regarding the magnitude of maternal mortality related to spontaneous or unsafe abortion, CPR, and TFR. Review current recommended practices for managing complications of incomplete abortion or spontaneous abortion and the use of family planning to prevent unplanned/unintended pregnancies.

3. Review and Revise Client-Provider Communication Materials

Existing client-provider materials related to PAC (such as pamphlets and posters) should be gathered and inventoried by a working group that includes behavior change communication specialists. The list of existing materials should be compared with the set of materials contained in the PAC Global Resources Guide. This will help identify materials that are not already available and assist the working group in building a comprehensive set of PAC client-provider materials.

- a. Review existing materials to ensure that medical information is accurate and reflects the most recent research findings and guidelines.
- b. Adapt the client-provider materials in the PAC Global Resources Guide based on the local context, audience, and project needs. Adaptations should be pretested with the intended audience(s) prior to production.

Each section of the PAC Global Resources Guide contains additional instructions.